








MARCH | 2018

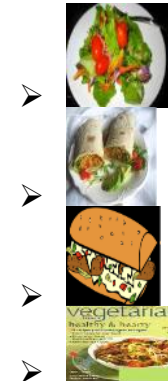
FAMU DRS MIDDLE SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Salisbury Steak Brown Rice w/Gravy Black eyed Peas Green Beans Assorted Fruit Milk	2 Pepperoni/Cheese Pizza Romaine Salad Green Beans Assorted Fruit Milk
5 Chicken Nugget Baked Tater Tots Broccoli Steamed Carrots Assorted Fruit Milk	6 Corn Dog Chicken Patty w/Bun Baked Beans Carrot Assorted Fruit Milk	7 Popcorn Chicken Romaine/Spinach Salad Turnip Greens Glazed Sweet Potatoes /Carrots Assorted Fruit Milk	8 Chicken Fajita w/Rice Black Bean Salsa Onion/Green Pepper Wraps Assorted Fruit Milk	9 Grilled Chicken Patty w/Bun Spaghetti w/ Meat sauce Buttered Corn Lettuce/Tomatoes California Blend Assorted Fruit Dinner Roll Milk
12 	13 	14 	15 	16 
19 Chicken Nugget Baked Tater Tots Broccoli Steamed Carrots Assorted Fruit Milk	20 Corn Dog Chicken Patty w/Bun Baked Beans Carrot Assorted Fruit Milk	21 Popcorn Chicken Romaine/Spinach Salad Turnip Greens Glazed Sweet Potatoes /Carrots Assorted Fruit Milk	22 Chicken Fajita w/Rice Black Bean Salsa Onion/Green Pepper Wraps Assorted Fruit Milk	23 Grilled Chicken Patty w/Bun Spaghetti w/ Meat sauce Buttered Corn Lettuce/Tomatoes California Blend Assorted Fruit Dinner Roll Milk
26 Hamburger Cheeseburger w/ Buns Lettuce/Tomatoes Oven Baked Tater Tots Assorted Fruit Milk	27 Hot Dog w/ Bun Chicken Patty W/Bun Steamed Broccoli Carrot Snack Baked Beans Vegetable Blend Assorted Fruit Milk	28 Oven Baked Chicken Mashed Potatoes Steamed Carrots Collard Greens Dinner Rolls Assorted Fruit Milk	29 Salisbury Steak Brown Rice W/gravy Black eyed Peas Green Beans Assorted Fruit Milk	30 Pepperoni/Cheese Pizza Romaine Salad Green Beans Assorted Fruit Milk

News

Menu Choose:
Choose up to 2 Fruit servings daily: Fresh fruit and chilled fruit cup or Fresh fruit and 100% Juice of chilled Fruit cup and 100% Juice or Two fresh fruit cup.

We offer daily for lunch Choose 1:



Choose 1-8 oz. serving Milk daily:

- 1 % low fat white
- Chocolate Milk