



# JANUARY | 2018

## FAMU DRS MIDDLE SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>  Happy New Year	<b>2</b>  Welcome back! <small>—neuro (and others) : )</small>	<b>7</b> 	<b>4</b> Hamburger Cheeseburger w/ Buns Lettuce/Tomatoes Oven Baked Tater Tots Assorted Fruit Milk	<b>5</b> Pepperoni/Cheese Pizza Romaine Salad Green Beans Assorted Fruit Milk
<b>8</b> Chicken Nugget Baked Tater Tots Broccoli Steamed Carrots Assorted Fruit Milk	<b>9</b> Corn Dog Chicken Patty w/Bun Baked Beans Carrot Assorted Fruit Milk	<b>10</b> Popcorn Chicken Romaine/Spinach Salad Turnip Greens Glazed Sweet Potatoes /Carrots Assorted Fruit Milk	<b>11</b> Chicken Fajita w/Rice Black Bean Salsa Onion/Green Pepper Wraps Assorted Fruit Milk	<b>12</b> Grilled Chicken Patty w/Bun Spaghetti w/ Meat sauce Buttered Corn Lettuce/Tomatoes California Blend Assorted Fruit Dinner Roll Milk
<b>15</b>  <b>MARTIN LUTHER KING JR.</b> 1929 1968	<b>16</b> Hot Dog w/ Bun Chicken Patty W/Bun Steamed Broccoli Carrot Snack Baked Beans Vegetable Blend Assorted Fruit Milk	<b>17</b> Salisbury Steak Brown Rice w/Gravy Black eyed Peas Green Beans Assorted Fruit Milk	<b>18</b> Oven Baked Chicken Mashed Potatoes Steamed Carrots Collard Greens Dinner Rolls Assorted Fruit Milk	<b>19</b> Pepperoni/Cheese Pizza Romaine Salad Green Beans Assorted Fruit Milk
<b>22</b> Chicken Nugget Baked Tater Tots Broccoli Steamed Carrots Assorted Fruit Milk	<b>23</b> Corn Dog Chicken Patty W/Bun Baked Beans Carrot Assorted Fruit Milk	<b>24</b> Popcorn Chicken Romaine/Spinach Salad Turnip Greens Glazed Sweet Potatoes /Carrots Assorted Fruit Milk	<b>25</b> Chicken Fajita w/Rice Black Bean Salsa Onion/Green Pepper Wraps Assorted Fruit Milk	<b>26</b> Grilled Chicken Patty w/Bun Chili w/ Crackers Buttered Corn Lettuce/Tomatoes California Blend Assorted Fruit Milk
<b>29</b> Hamburger Cheeseburger w/ Buns Lettuce/Tomatoes Oven Baked Tater Tots Assorted Fruit Milk	<b>30</b> Hot Dog w/ Bun Chicken Patty w/ Bun Steamed Broccoli Carrot Snack Baked Beans Vegetable Blend Assorted Fruit Milk	<b>31</b> Salisbury Steak Brown Rice W/gravy Black eyed Peas Green Beans Assorted Fruit Milk		

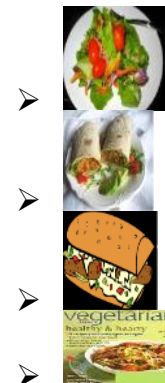
### News

#### Menu Choose

**Choose up to 2 Fruit servings daily: Fresh fruit and chilled fruit cup or Fresh fruit and 100% Juice of chilled Fruit cup and 100% Juice or Two fresh fruit cup.**

**We offer daily for lunch**

**Choose 1:**



**Choose 1–8 oz. serving**

**Milk daily:**

**1 % low fat white**

**Fat free Chocolate**