







AUGUST | 2017

FAMU DRS ELEMENTARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 SUMMER BREEZE		3 	4 Taking a <i>Day Off</i>
7 TEACHERS RETURN WELCOME BACK			10 PLANNING DAY ORIENTATION KG	11 ORIENTATION DAY ELEMENTARY SECONDARY
14 CHICKEN NUGGETS BROCCOLI STEAMED CARROTS OVEN BAKED TOTS SLICED ONIONS FRESH FRUIT/JUICE MILK	15 CORN DOGS ROMAINE/SPINACH SALAD SLICED TOMATOES LETTUCE BAKED BEANS CARROT SNACK PACK ASSORTED FRUIT/JUICE MILK	16 POPCORN CHICKEN TURNIP GREENS BAKED SWEET POTATOES GREEN BEANS CARROT SNACK PACK FRESH FRUIT/JUICE MILK	19 CHICKEN FAJITA W/BROWN RICE SALSA GARDEN SIDE SALAD CHEESE QUESADILLA BLACK BEANS FRESH FRUIT/JUICE MILK	18 GRILLED CHICKEN PATTY W/BUN SLICED TOMATOES SEASONED CORN VEGETABLE BLEND CARROT SNACK PACK GARDEN SIDE SALAD FRESH FRUIT/JUICE MILK
21 HAMBURGER W/BUN CHEESEBURGER SLICED TOMATOES/LETTUCE OVEN BAKED TOTS SLICED ONIONS FRESH FRUIT/JUICE MILK	22 HOT DOG STEAMED BROCCOLI SWEET POTATOES FRIES BAKED BEANS CALIFORNIA BLEND ASSORTED FRUIT/JUICE MILK	23 OVEN BAKED CHICKEN COLLARD GREENS MASHED POTATOES STEAMED CARROTS ROLL CARROT SNACK PACK FRESH FRUIT/JUICE MILK	24 CHICKEN PATTY W/BUN BLACK EYED PEAS GREEN BEANS CARROT SNACK PACK FRESH FRUIT/JUICE MILK	25 PEPPERONI/CHEESE PIZZA GREEN BEANS CALIFORNIA BLEND ROMAINE SALAD FRESH FRUIT/JUICE MILK
28 CHICKEN NUGGETS BROCCOLI STEAMED CARROTS OVEN BAKED TOTS SLICED ONIONS FRESH FRUIT/JUICE MILK	29 CORN DOGS ROMAINE/SPINACH SALAD SLICED TOMATOES LETTUCE BAKED BEANS CARROT SNACK PACK ASSORTED FRUIT/JUICE MILK	30 POPCORN CHICKEN TURNIP GREENS BAKED SWEET POTATOES GREEN BEANS CARROT S MILK	31 CHICKEN FAJITA W/BROWN RICE SALSA GARDEN SIDE SALAD CHEESE QUESADILLA BLACK BEANS FRESH FRUIT/JUICE MILK	GRILLED CHICKEN PATTY W/BUN SLICED TOMATOES SEASONED CORN VEGETABLE BLEND CARROT SNACK PACK GARDEN SIDE SALAD FRESH FRUIT/JUICE MILK

News

Menu Choose

Choose up to 2 Fruit servings daily: Fresh fruit and chilled fruit cup or Fresh fruit and 100% Juice of chilled Fruit cup and 100% Juice or Two fresh fruit cup.

We offer daily for lunch

Choose 1:

- **Salads**
- **Wraps**
- **Yogurt Plate**
- **Sub Sandwich**
- **Vegetarian**

Plates

Choose 1-8oz serving daily: Milk

- **1% low fat white**
- **Fat free Chocolate**